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The Magic
in the Middle

Happy Home Floor Pillow Skill Level: Intermediate

Designed & Sewn By
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What better way to brighten your home décor than with a floor pillow? Use favorite fabrics and match colors to your style to create the perfect piece. Sample used Flex-Foam™ for ultimate shaping and fabrics from Caroline Hulse's *Happy Home* fabric line for Art Gallery Fabrics.

Fabrics Needed

1/4 yard cuts of 5 coordinating fabrics
1 1/3 yards of a coordinating fabric (40-44" wide) for top and bottom
OR two 2/3 yards cuts of two different fabrics

Materials Needed

1 3/4 yards Pellon® FF77 Flex-Foam™ (or FF78F1 Flex-Foam™ 1-Sided Fusible)
One 5lb box of Pellon® PFILL Basic Fiber Fill

Tools Needed

Sewing machine and related supplies
Iron and ironing surface

<http://www.pellonprojects.com>

Instructions

Cutting Instructions:

Flex-Foam

One 18" x WOF (60") rectangle

One 18" x 14" rectangle

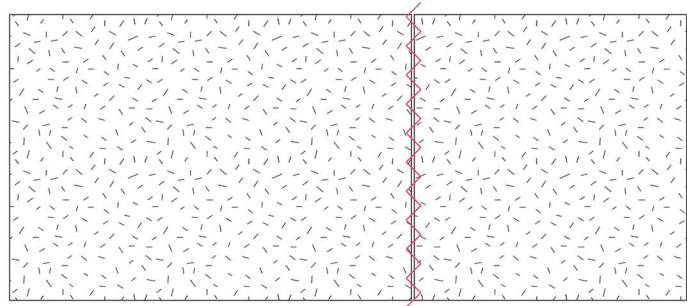
Two 24" diameter circles for top and bottom

Fabric

Ten 8½" x 18" strips

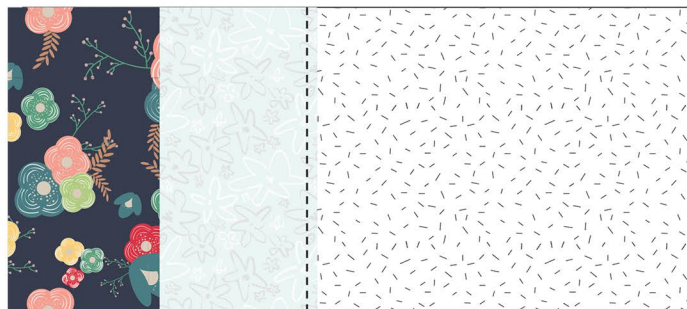
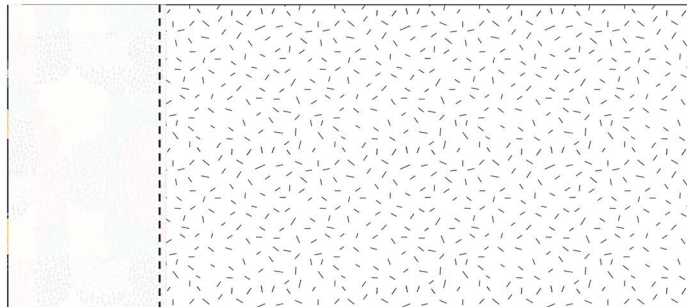
Two 24" diameter circles for top and bottom

Step 1. Baste together two pieces of Flex-Foam by placing them side by side and zig-zag stitch through each of them to connect. Do not overlap the Flex-Foam, simply butt the pieces up against one another.



Tip: Increase zig-zag stitch width and length to accommodate a larger stitch.

Step 2. Sew the strips of fabric to the Flex-Foam using the quilt-as-you-go method. Place the first fabric strip, right side up, on the far left and allow it to hang over the edge by ½". Place the next strip directly on top of the first, with right sides together, and pin in place. Sew along the right raw edges (through both pieces of fabric and the Flex-Foam) using a ½" seam allowance. Fold the second piece over the seam allowance and press. Continue using this method until all 10 fabric strips are sewn to the Flex-Foam. There should be a ½" overhang on both the left and right sides of the Flex-Foam.



Step 3. See image at right for how strips should look once completed.



Step 4. With right sides together, fold the quilted Flex-Foam rectangle so that the short ends meet. Push away the fabric and work with just the Flex-Foam. Connect the two ends of the Flex Foam in the same way as completed in Step 1. Go slowly, as it may be tricky to keep the Flex-Foam even while moving the fabric out of the way.

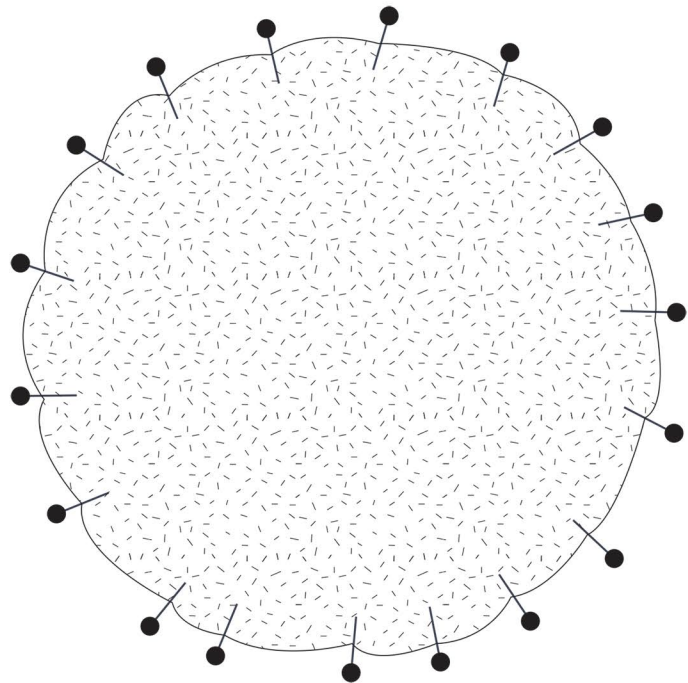
Step 5. Once the Flex-Foam is connected, align the raw edges of the fabric, pin, and sew in place using a 1/2" seam allowance.

Step 6. Match one 24" circle of Flex-Foam with one 24" circle of fabric. Place the fabric right side up on top of the Flex-Foam. Smooth the fabric, pull it taught, and pin to secure. Baste the fabric to the Flex-Foam around the outer edge using a 1/4" seam allowance. Repeat for remaining Flex-Foam and fabric circles to create top and bottom pieces.

Step 7. Turn the quilted cylinder wrong side out. Place the top piece of the floor pillow wrong side up on top of the cylinder. Pin all the way around the top.

Tip: Use lots of pins so the top can be evenly sewn to the cylinder.

Step 8. Repeat this step for the bottom circle, leaving a 5-8" gap for stuffing and turning.



Step 8. Turn pillow right side out through the gap. Carefully push out seams and straighten pillow.

Step 9. Stuff pillow with Basic Fiber Fill until it is completely full and firm. Slip stitch the opening closed using a double strand of thread.

