

**pellon**<sup>®</sup>

*The Magic  
in the Middle*

## Stay Put Yoga Skirt Skill Level: Beginner

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This skirt is comfortable and stays put at the playground. It has an interfaced fold-over waistband which eliminates the elastic. The instructions include measurements for a 2T size but can be modified for other sizes.

### **Fabrics Needed**

Knit fabric

1/2 yard of 58" wide OR 1 yard of 45" wide

### **Materials Needed**

Pellon<sup>®</sup> XE-45 Xtreme Elastic<sup>®</sup> Fusible Interfacing  
Thread

20"

### **Tools Needed**

Sewing machine and related supplies  
Rotary cutter and related supplies  
Sergers (optional)

<http://www.pellonprojects.com>

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Step 1. Cut one 20" x 18" rectangle for the waistband and two 30" x 8" rectangles for the skirt.

Interface the waistband piece with the Xtreme Elastic® Fusible Interfacing following manufacturer's instructions.

Step 2. With right sides together, sew or serge the two 30" x 8" skirt rectangles along the 8" sides using a 3/8" seam allowance.

Step 3. Fold the waistband right sides together, aligning the 18" sides. Sew across the 18" side using a 3/8" seam allowance. Turn fabric right side out and center the seam to the back.

Step 4. Finish one long edge of the skirt with a hem or the serger if desired. Gather the skirt to fit the waistband.



Step 5. Slip the waistband piece into the skirt, aligning raw edges, with the wrong side of the skirt against the right side of one end of the waistband. Sew using a 3/8" seam allowance.

NOTE: Only one layer of the waistband is sewn to the gathered skirt.

Step 6. Turn the skirt so the ruffled skirt part is right side out. The wrong side of the waistband will be facing out. Turn the raw edge of the waistband in to the wrong side 1/2" and press. Fold the waistband in half, wrong sides together and covering the seam between the skirt and waistband. Topstitch using a stretch stitch.

To wear, fold the waistband over to cover the topstitching if desired for a comfortable but trendy look!

