

pellon[®]

*The Magic
in the Middle*

Allergen Protective Pillow Cases

Skill Level: Beginner

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Made By
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Allergy fabric, also referred to as dust mite fabric, is specifically designed to protect your bedding by acting as a physical barrier between you and dust mites, pet dander, pollen, mold spores and other allergens. Crafted from unique fabric blends, Pellon[®] allergy fabric is tightly woven and specifically designed to block out dust mites and other allergens, while remaining soft and supple. Instructions will make two pillow covers for standard 20" x 26" bed pillows.

Fabrics Needed - Set of Two cases

PAF-5410 Pellon[®] Allergy Defense Fabric

1-1/4 yards

Materials Needed

Thread

18" white coil zippers

Two

Tools Needed

Fabric scissors

Sewing machine and related supplies

Ruler to cut 27" long sides

Pencil

Microtex sewing machine needle

<http://www.pellonprojects.com>

Graphic Artist Alexandra Henry

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Cutting and Assembly Instructions

Cut two 21" x 27-1/2" rectangles of fabric.
Cut two 21" x 29-1/2" rectangles of fabric.

Using the 21" x 27-1/2" rectangles, press under 1/2" to the wrong side on one 21" end. Use the synthetic setting on the iron. The wrong side appears shinier than the right side of the fabric.



Whip-stitch zipper tapes together above top stop to form bar tack.



Place folded edge of rectangle on top of the right side of zipper. Center the zipper between the raw edges of the fabric. Fabric edge is approximately 1" longer than the zipper. Position the folded edge so it lies right next to the coils.



Sew fabric to zipper beginning at the fabric raw edge, 1/8" from the folded edge.



Using the 21" x 29-1/2" rectangles, press under 1-1/2" to the wrong side on one 21" end.

Unfold the 1-1/2" hem and place right side up on the table. Position the unsewn side of the zipper on the unfolded hem, right sides together, with outer edges aligned. Pin layers together.



Stitch using a 1/4" seam allowance.



With wrong side up, position zipper atop 1-1/2" hem so pillow case and attached zipper lie flat and hem is folded under on the crease. Pin in position and sew through all layers 1/4" from zipper edge sewn in previous step.



Open zipper 6-7" and pin remaining three sides, right sides together with bottom and sides aligned. Sew using a 1/4" seam allowance on all three sides. Finish seam allowances with a zigzag stitch if desired.

Turn right side out through opening.

Repeat these steps with remaining rectangles to make second pillow case.

