



The Magic  
in the Middle

## Valentine Quillow and Companion Pillow Intermediate

Sewn By  
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<http://www.etsy.com/shop/SouthpawCreativity>



Make this sweet Valentine 'quillow' for everyone on your list. This tied lap quilt folds up into a pocket to become a pillow. Children of all ages would love one of these. Patterns used were 9-patch and heart applique. Finished size is 42" x 63". Companion pillow is 18" square.

### Fabrics Needed

Moda Always and Forever Jelly Roll for 9 patch  
Moda Always and Forever Charm Pack for hearts  
Moda Muslin Mates White on White for heart blocks  
Moda Always and Forever #19522-11 Passion Pink for Backing  
Moda Always and Forever #19521-14 Passion Pink for Pillow Back

One Jelly roll  
One Charm Pack  
2 yards  
2 yards  
1 yard

### Materials Needed

Pellon® Legacy™ Eco-Cotton Blend™ Batting  
Pellon® #805 Wonder-Under® Paper backed fusible web  
Pellon® #806 Stitch-N-Tear® Stabilizer  
Pellon® Legacy™ 18" x 18" Pillow Form  
Embroidery Thread (to tie layers together)  
Thread

1 1/2 yards  
2 1/2 yards  
2 1/2 yards  
1

### Tools Needed

Sewing Machine and related supplies  
Rotary cutting tools and supplies

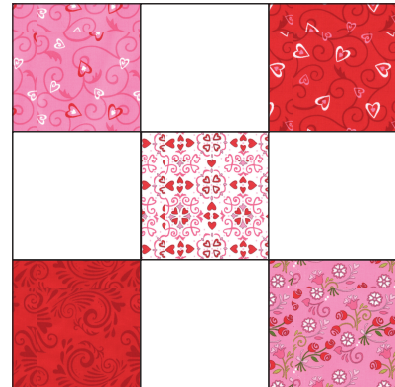
Graphic Artist Alexandra Henry

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## 9 Patch Block

Use the 2 1/2" wide jelly roll fabrics and the white on white fabric.

Cut eleven 2 1/2" strips of the white on white fabric.



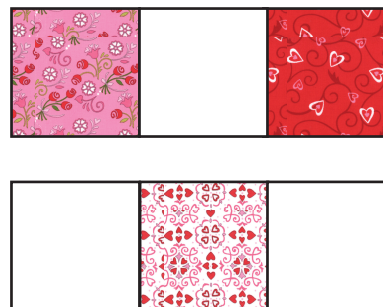
Sew two jelly roll fabrics to one white on white fabric as shown using a 1/4" seam allowance. Make 5 of these units. Press seams toward the jelly roll (darker) fabrics.



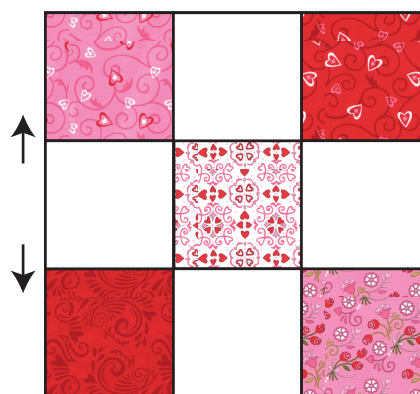
Sew two white on white fabrics to one jelly roll fabric as shown using a 1/4" seam allowance. Make 3 of these units. Press seams toward the jelly roll (darker) fabric.



Cut these units into 2 1/2" strips.

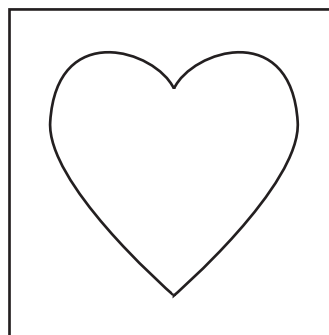


Sew the strips into blocks as shown. Press seams toward the jelly roll fabrics in direction of arrows. Make 40 blocks.



## Heart Applique Block

Cut 6" squares from the Wonder Under®. Using the heart template from the template page, trace the heart onto the paper side of the Wonder Under®.



Center the Wonder Under tracing on the wrong side of a charm pack square. Fuse into place. Cut out heart. Remove paper backing. Make 41 hearts.



Cut forty-one 6 1/2" squares from the white on white fabric. Center one heart on each square with both fabrics right side up. Fuse into place.



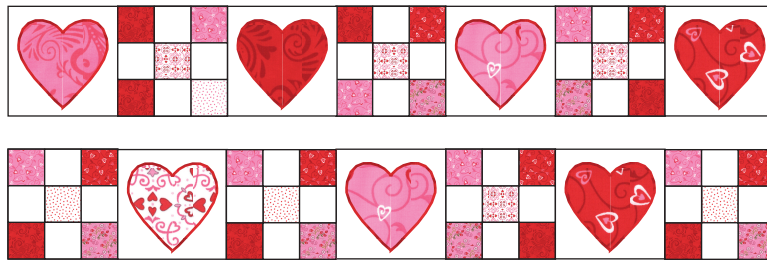
Cut forty-one 6 1/2" squares of tear-away stabilizer. Place a square on the wrong side of each heart block. Finish edge of heart with buttonhole or satin stitch. Tear away stabilizer. Press.



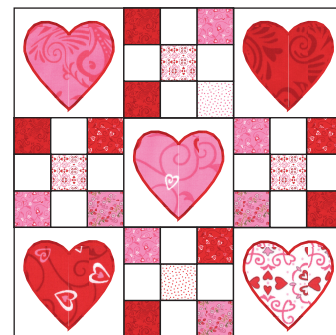
Lay blocks out, alternating blocks, into nine rows of seven. Sew rows using a 1/4" seam allowance. There will be 5 heart blocks and 4 nine patch blocks left for the pillow pocket and 5 heart blocks and 4 nine patch blocks left for the companion pillow.



Sew rows together. Press seams open. Set quilt top aside.



Lay out the two pillows as shown. Sew the blocks, press toward the heart blocks. Sew the rows together, press seams open. Set one pillow top aside.

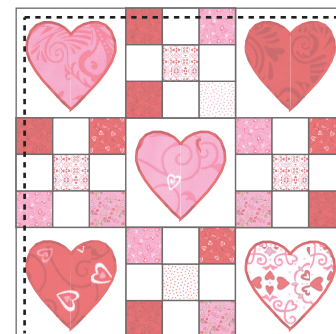


## Making Pillow Pocket

Cut one piece of batting 18 1/2" square. Cut one pillow back 18 1/2" square. Place the pillow top and back right side together on top of the batting. Stitch on three sides, leaving the bottom edge of the pillow open.

Trim corners.

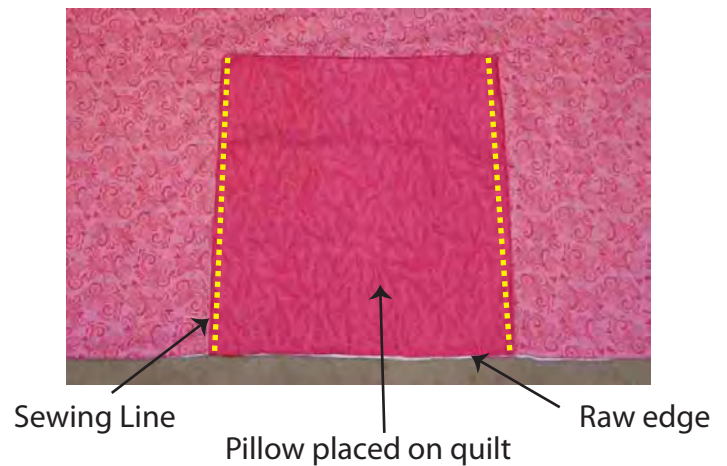
Turn pillow pocket right side out. Press gently.





## Assembling the Quillow

Sew the pillow pocket to the backing fabric. Center the pillow pocket to the center of the backing fabric with pieced patchwork facing down. Align the raw edges (this will not be sewn). Pin in place. Sew the sides of the pillow, backstitching at start and stop. Use a narrow seam. Raw edge end and finished end will not be sewn.



Place the quilt top and the backing right sides together. Place a layer of batting on the quilt top. Stitch in a 1/4" seam allowance leaving the side opposite the pocket open. Trim excess batting and corners. Turn quilt right side out. Iron the seams gently. Turn open end of quilt in 1/4". Applique the opening closed.

Use embroidery thread and tie layers together at intersections of blocks.

## Folding The Quillow

Lay the quilt with the pillow pocket side down. Fold the long sides toward the middle using pillow edge for a guide.



Turn the pillow pocket inside out over the folded sides. Fold the remaining quilt on itself and tuck it into the pillow pocket.



## Finishing the Companion Pillow

Place the patchwork pillow and the pillow back right sides together. Lay a 18 1/2" square of batting on the pillow back. Sew around pillow, pivoting at corners. Leave a 10" opening to turn. Trim corners. Turn pillow right side out. Insert pillow form. Slip stitch the opening closed.



# Heart Template for Valentine Quillow

6" Block

