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*The Magic  
in the Middle*

## Woven Cathedral Window Block Skill Level: Beginner

Designed By  
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Sewn By  
Bree Wernimont

<http://my-crafty-crap.blogspot.com/>



Block 2 of 9 in the Cathedral Window Quilt-a-Long. Block size is 12-1/2" square unfinished. Use a 1/4" seam allowance unless otherwise indicated. Finished quilt measures 36" square. Use Legacy™ by Pellon® 100% Natural Cotton or Soy/Cotton Blend Batting for a beautiful finish. Cathedral window blocks are traditionally about folding and topstitching to create beautiful blocks with a lot of depth.

### Fabrics Needed

Background fabric	One fat quarter
Two different fabrics for strips	One fat quarter for each

### Materials Needed

Pellon® 805 Wonder-Under®	1/2 yard
Thread	

### Tools Needed

Sewing machine and related supplies  
Rotary cutting tools and related supplies

<http://www.pellonprojects.com>

Graphic Artist Alexandra Henry

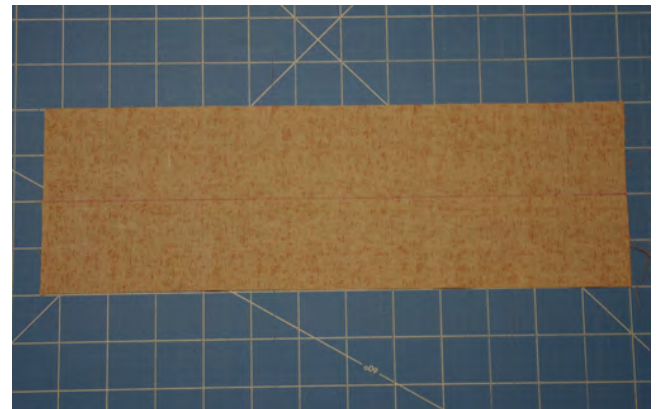
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## Cutting and Assembly Instructions

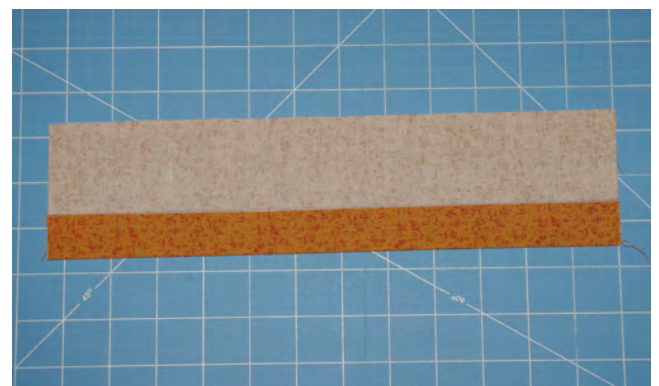
Cut one 12-1/2" square from background fabric.  
Cut five 4" x 12-1/2" strips from each coordinating fabric for a total of ten strips.  
Cut ten 1" x 12-1/2" strips of Wonder-Under®.



With wrong side up, finger press or draw a line down the center lengthwise on each 4" x 12-1/2" strip.

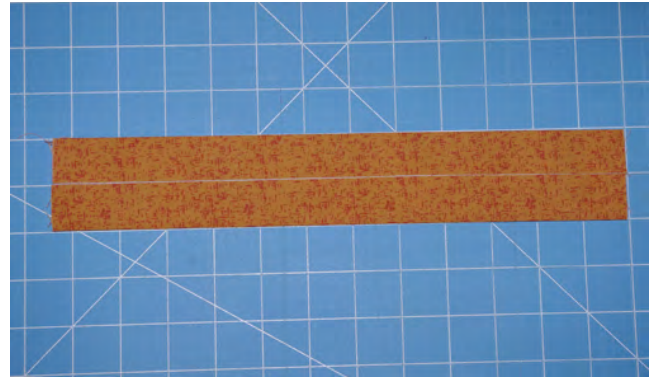


Fold and press one edge to the center line.

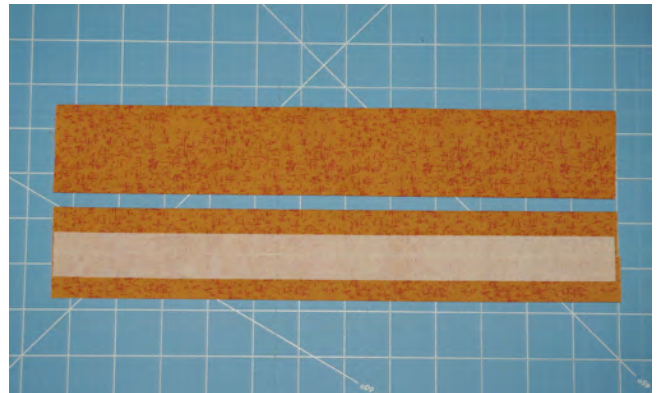


Fold and press second edge to center mark.

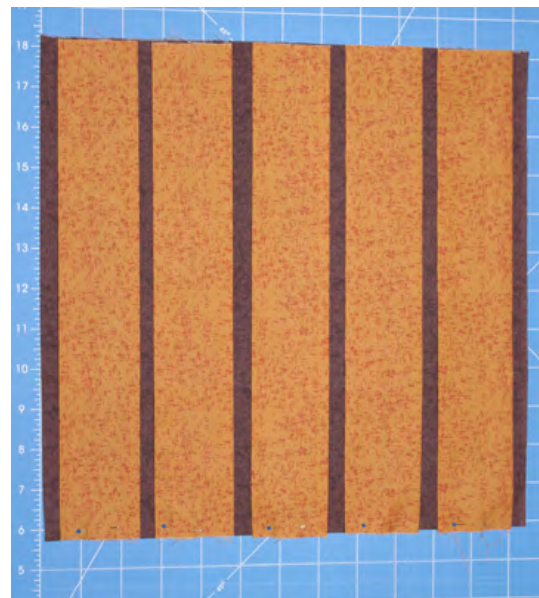
Repeat for each 4" x 12-1/2" strip.



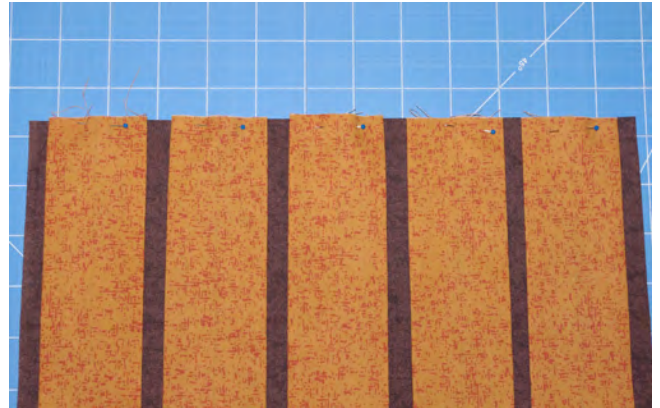
Center and iron one 1" x 12-1/2" strip of Wonder-Under® to the wrong side of each strip. Let cool and then remove the paper backing from each strip.



Place five matching strips vertically on the 12-1/2" background block, centering and with equal spacing between strips.



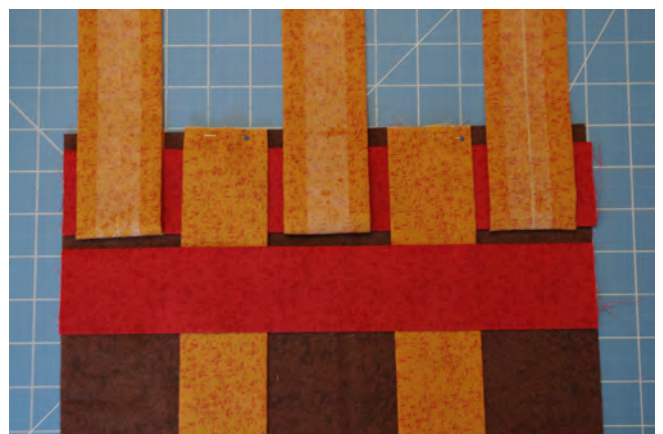
Pin each strip at one edge.



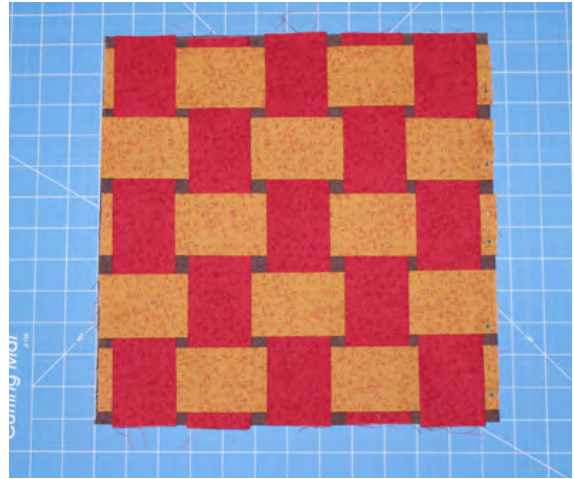
Fold up vertical strips two and four, then place horizontal strip one as shown.



Fold down vertical strips two and four. Fold up vertical strips one, three and five, then place horizontal strip two as shown.



Repeat these steps until all five horizontal strips have been placed. All strips should be woven together. Adjust strips so all spacing is even.



Fuse strips to the background fabric. It may be necessary to flip the block and press from the back to adhere the strips.

Baste 1/4" around block to hold down the edges of the strips.



Fold back the center of each section and pin curve in place. Do not worry about making perfect curves, they will ease into place as they are sewn down.



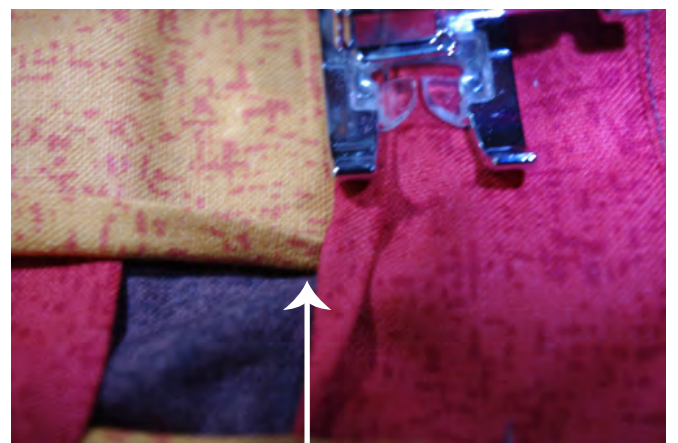
Shorten stitch length. Backstitch one or two stitches at the beginning and end of each curve. Ease curve into place and remove pins while sewing. Starting at the left side of one vertical strip sew along the curve and stop at the first horizontal strip. Lift the presser foot and move to the next curve on the same vertical strip. At the end of the strip, turn the block and sew each curve down the other side of the strip. Repeat for each vertical strip. Clip threads on the front of the block. Rotate the block so the horizontal strips are now vertical and sew each curve. Clip remaining threads on the front of the block.



TIP: Pay close attention when sewing overlapping curves. The bottom curve should be folded up instead of flat. See photos at right.



Incorrect, curve folded flat



Correct, curve folded up