

**pellon**<sup>®</sup>

*The Magic  
in the Middle*

## The Opposing Waves Cathedral Block Skill Level: Beginner

Designed By  
Emily Lang  
Sewn By  
Emily Lang

[www.mommysnaptime.blogspot.com](http://www.mommysnaptime.blogspot.com)



Block 4 of 9 in the Cathedral Window Quilt-a-Long. Block size is 12-1/2" square unfinished. Use a 1/4" seam allowance unless otherwise indicated. Finished quilt measures 36" square. Use Legacy™ by Pellon® 100% Natural Cotton or Soy/Cotton Blend Batting for a beautiful finish. The Opposing Waves Cathedral block uses rectangles of fabric cut on a slight bias to produce a stunning pattern of outwardly flowing waves. Use this technique to create many different block layouts. The possibilities are endless.

### **Fabrics Needed**

Three different fabrics  
One fabric

One 8" x 14" rectangle of each fabric  
One 5-1/2" x 12-1/2" rectangle

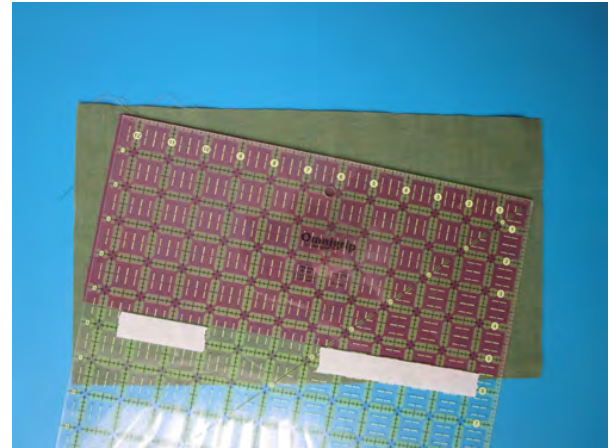
### **Materials Needed**

Thread

### **Tools Needed**

Sewing machine and related supplies

From each of the three 8" x 14" pieces cut one 5-1/2" x 12-1/2" rectangle at an angle so that the corners of the ruler are on the edges of the 8" x 14" piece. This will provide a slightly biased edge without wasting too much fabric.



Fold the 12-1/2" edge of one of the bias cut rectangles in 1" and press. Repeat for the other two bias cut rectangles.



Place one bias cut rectangle on top of the 5-1/2" x 12-1/2" rectangle that was not cut on the bias so they overlap 1" on the 12-1/2" side. Align the raw edges of the two pieces as shown.

Repeat using a second bias rectangle on the opposite side of the base fabric.

Align the last bias cut rectangle on the second side of one of the first two bias cut rectangles.



Pin all layers together.

Use a disappearing fabric pen to mark the following horizontal lines across all the pieces:

- 1/4" from bottom
- 4-1/4" from bottom
- 8-1/4" from bottom
- 1/4" from top



Sew along each of the marked lines.

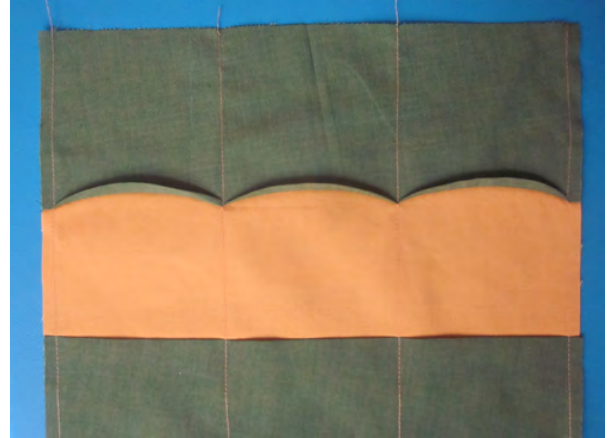


Press the vertical fold between each of the lines away from the base fabric. The bias edge will curve gently. Each curve should be approximately 1/2" at the widest part. Press the curve into place.





Press one vertical row then topstitch the curve close to the folded edge.



Repeat for all rows.



Trim block to 12-1/2" square.

