

**pellon**<sup>®</sup>

*The Magic  
in the Middle*

# Kona Bay Christmas Tree Table Runner

## A Foundation Pieced Design

### Skill Level: Beginner






Designed By  
Alexandra Henry  
Sewn By  
Alexandra Henry



<http://www.artbyalexa.com>

Use Pellon<sup>®</sup> Stitch-N-Tear Lite<sup>™</sup> to foundation piece the tree blocks. Run the Stitch-N-Tear Lite<sup>™</sup> through your ink jet printer to create the foundations for the blocks. Kona Bay fabrics were used for the sample. Table runner measures 20" x 36-1/2".

#### Fabrics Needed

	Fabric A - Tree Fabric - Kona Bay SHAD-04 Forest	1/4 yard
	Fabric B - Background Fabric - Kona Bay GT-0039-01	3/8 yard
	Fabric C - 1st Border and Binding - Kona Bay SANC-06 Red	3/8 yard
	Fabric D - Outer Border - Kona Bay DaGama Raindrop GT0046-02	3/4 yard
	Fabric E - Tree Trunk - Kona Bay GT 0036-02 Brown	1/8 yard
	Backing	5/8 yard

#### Materials Needed

Pellon <sup>®</sup> 835 Stitch-N-Tear Lite <sup>™</sup>	One package
Legacy <sup>™</sup> by Pellon <sup>®</sup> 100% Cotton Batting	5/8 yard (there will be leftovers)
Thread	

#### Tools Needed

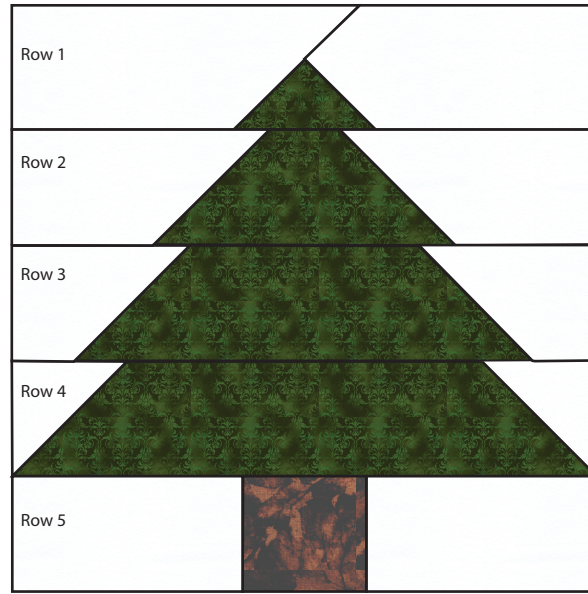
Sewing machine and related supplies  
Rotary cutter and related supplies

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


Graphic Artist Alexandra Henry

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## Cutting Instructions



Cut the following (strips are cut across the full width of the fabric):

	Fabric A - Kona Bay SHAD-04 Forest	Two 2-1/8" strips, One 2-1/4" x 7" rectangle
	Fabric B - Kona Bay GT 0039-01 White on White	Three 2-1/8" strips, One 2-1/4" strip
	Fabric C - Kona Bay SANC-06 Red	Three 1-3/8" strips
	Fabric D - Kona Bay DaGama Raindrops GT 0046-02	Three 5-1/2" strips
	Fabric E - Kona Bay GT 0036-02 Brown	One 2-1/8" x 6-3/4" rectangle

Subcut each rectangle or strip as follows for the three blocks:

Fabric A	Row 1	Cut three 2-1/4" x 2-1/2" rectangles
	Row 2	Cut three 2-1/8" x 4-3/4" rectangles
	Row 3	Cut three 2-1/8" x 7" rectangles
	Row 4	Cut three 2-1/8" x 8-3/4" rectangles
Fabric B	Row 1	Cut three 2-1/4" x 4-5/8" rectangles
	Row 1	Cut three 2-1/4" x 5-1/2" rectangles
	Row 2	Cut six 2-1/8" x 4-1/8" rectangles
	Row 3	Cut six 2-1/8" x 3-1/2" rectangles
	Row 4	Cut six 2-1/8" x 2-1/2" rectangles
	Row 5	Cut six 2-1/8" x 3-3/4" rectangles
Fabric C		Cut after blocks are made and measured.
Fabric D		Cut after blocks are made and measured.
Fabric E	Row 5	Cut three 2-1/8" x 2-1/4" rectangles.

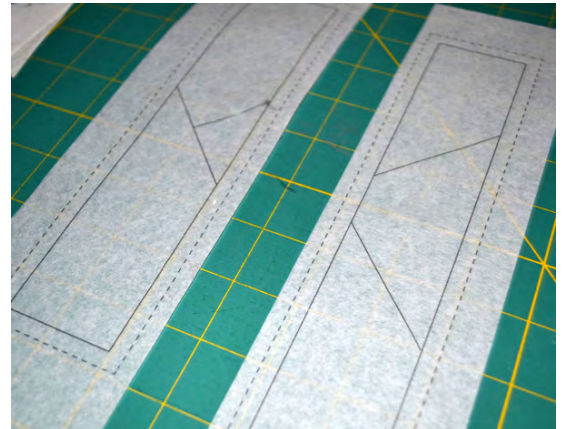
Separate all the rectangles into piles according to rows. Label each pile with the row number. There will be three sets for each row.

## Assembly Instructions

Cut the Stitch-N-Tear Lite™ into 8-1/2" pieces across the width of the roll. Six pieces are needed for the three blocks. Press the Stitch-N-Tear Lite 8-1/2" x 12" rectangles until they lay completely flat.

Print one sheet at a time. Print three copies of each of the two template pages without lettering. Make sure the printer is printing at 100%. Check gauge.

Cut the foundation rows apart as shown at right. There will be extra foundation around the outside seam line for each row.



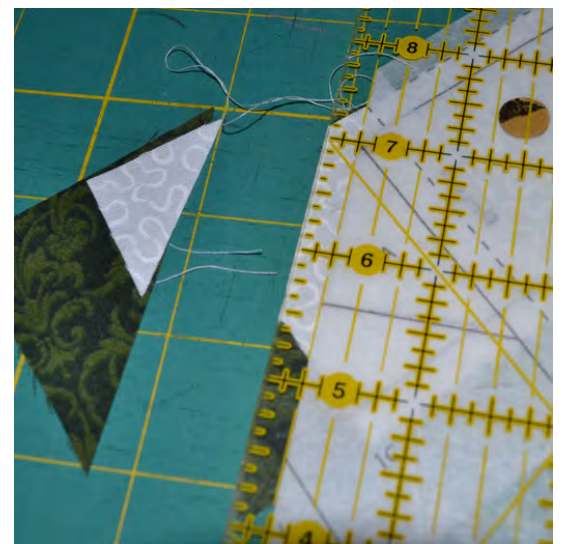
Place row 1 foundation face down. Center the fabric A 2-1/4" x 2-1/2" rectangle right side up over the 1A place on the foundation. Pin in place. Place the fabric B 2-1/4" x 4-5/8" rectangle as shown at right, with right sides together. Make sure the fabric B piece is covering the seam line evenly. Pin in place. Hold it up to the light to check placement before stitching.



Turn the foundation over so the right side of the foundation is facing up. Stitch the seam between piece 1A and 1B on the line, backstitching at the start and the stop points.

Fold the foundation back to the stitched seam. Place a ruler on the unit, lining up the 1/4" line on the seamline. Trim the seam to 1/4".

Open up the fabric B piece and unfold the foundation. Press.

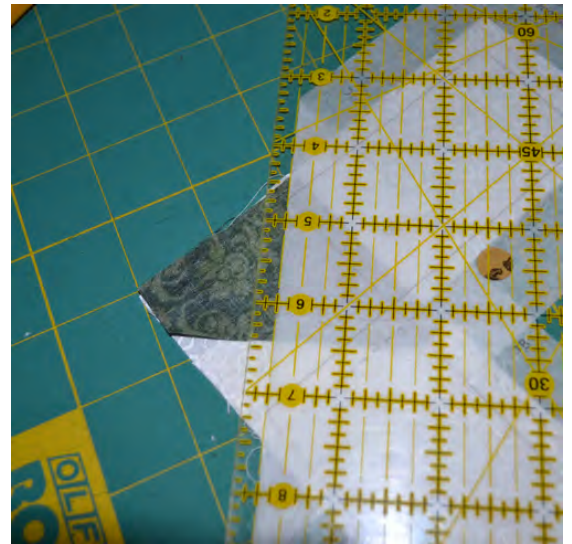


Place the fabric B  $2\frac{1}{4}'' \times 5\frac{1}{2}''$  rectangle over the foundation with right sides facing the previous stitched pieces. Center it over the lines between the 1C and 1A-1B pieces. Pin in place. Hold the unit up to the light to check placement before stitching.

Turn the whole unit over and stitch on the line between the pieces backstitching at the start and the stop points.



Fold the foundation back the same as in the previous steps. Trim the seam allowance to  $\frac{1}{4}''$ .



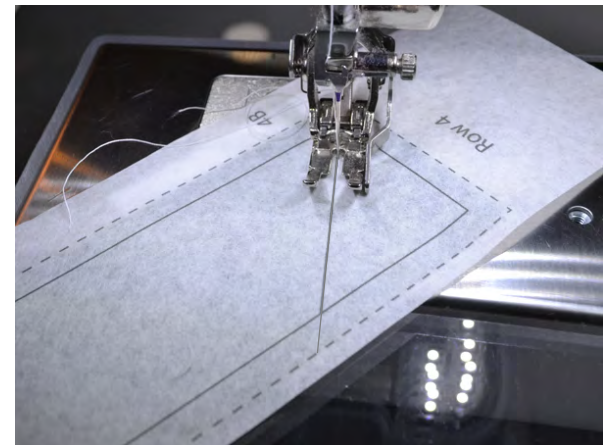
Unfold the fabric B piece and press. Row 1 is complete. Make two more row 1's. Do not tear the Stitch-N-Tear Lite™ off yet. Set these aside to make the rest of the row units.



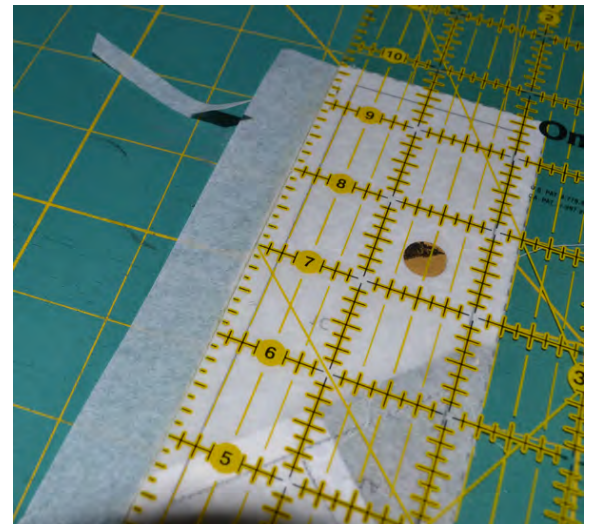
Repeat these steps for the other four rows following the lettering placements on the template pages and the cut sizing dimensions found on page 2.

If the pieces are far enough apart, both fabric B pieces can be placed at the same time.

Make three units for each row.



Turn one unit so that the foundation is facing up. Trim the unit on the dashed lines. Repeat for all the row units.



Arrange rows into blocks. Place two rows right sides together aligning the raw edges. Pin in place through all layers and foundations. Sew along the solid row line, backstitching at the stop and start points.



Repeat sewing the rows together until all blocks are completed. Press all row seams up towards the top of the tree.

Remove the Stitch-N-Tear Lite™ by tearing the pieces off carefully if desired. It is light enough to leave on the blocks if desired.



Turn and place the blocks as desired. Trees can be set horizontal or vertical. Sew the blocks together using a 1/4" seam allowance. Press seams in one direction.



Measure the table runner at the center vertically. Cut two borders using fabric C 1-3/8" x the measurement. Sew one border strip to each side of the table runner using a 1/4" seam allowance. Press seams toward the borders.

Measure the table runner at the center horizontally. Cut two borders using fabric C 1-3/8" x the measurement. Sew one border strip to the top and one to the bottom of the table runner using a 1/4" seam allowance. Press seams toward the borders.



THIS STEP DEPENDS ON ORIENTATION OF BLOCKS:

IF ORIENTED VERTICALLY: Measure the table runner at the center vertically. Cut two borders using fabric D 5-1/2" x the measurement. Sew one border strip to each side of the table runner using a 1/4" seam allowance. Press seams toward the borders.

IF ORIENTED HORIZONTALLY: Measure the table runner at the center horizontally. Cut two borders using fabric D 5-1/2" x the measurement. Sew one border strip to the top and one to the bottom of the table runner using a 1/4" seam allowance. Press seams toward the borders.

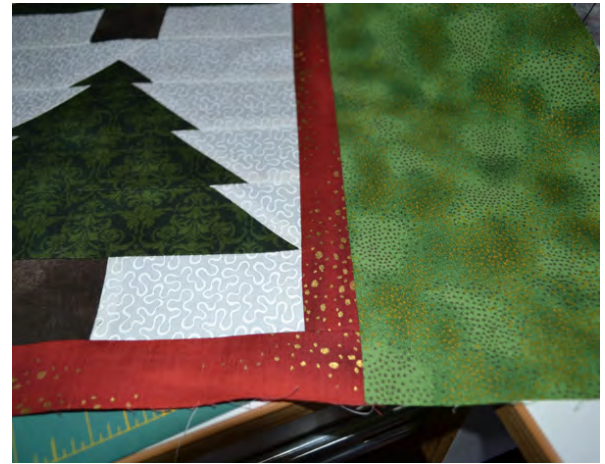
Align the lengthwise (long) sides of the runner with right sides together. Make a finger crease at the top and the bottom of the fold. Print the curve template found in the template pages. Cut out the template. Cut two 8-1/2" x 21" rectangles from fabric D.

Measure the width of the folded runner. Place the dotted line of the template on the 1/4" line at the top of the runner. Place the template on the outer left edge on the raw edge. Check to see if the center line is exactly on the crease. If it is not, measure the distance to the crease.

Fold the 8-1/2" x 21" fabric D rectangle in half on the 21" side. Place the template on the fold (adjusting for the distance to the crease if necessary) and align the dashed line with the bottom raw edge of the rectangle. Pin in place. Cut out the top border along the curved edge. Do not cut the folded fabric center.

Repeat with other fabric D rectangle. Place borders right sides together with the table runner. Stitch using a 1/4" seam allowance. Press seams toward the borders.

Cut one 22" x 38-1/2" piece of batting. Cut the backing 22" x 38-1/2". Place the backing right side down. Place the batting on the backing. Center and place the table runner right side up on the batting. Baste the layers together. Do not cut the excess batting and backing off. Quilt as desired.



Cut three binding strips from fabric C 2-1/4" x width of fabric. Place the ends of two strips right sides together with one strip perpendicular to the other. Sew a seam on the diagonal to connect the two strips. Trim seam allowance to 1/4" and press in one direction.

Connect the third strip to the bottom of the second strip the same way.

Fold the binding strips in half lengthwise with wrong sides together. Press.

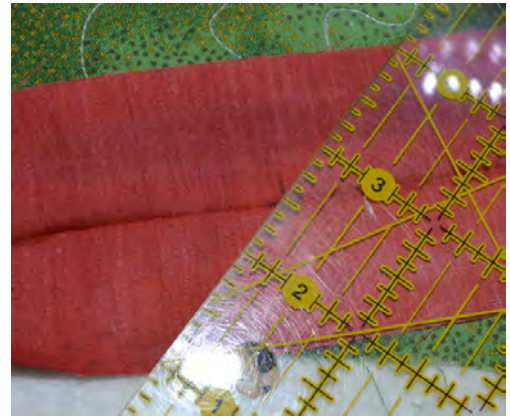
Starting on the front of one long side of the table runner, place the binding strip about halfway down. Leaving an 8" tail, sew the binding to the runner using a 1/4" seam allowance. Sew slowly around the curves keeping the raw edges of the binding even with the raw edge of the top of the runner. Stop when the stitching is 8" from the starting point.

The following steps are very important to make the binding fit perfectly and lay flat against the table runner. Fold the binding strips along the edge of the runner until the starting and stopping bindings are 1/4" apart as shown. Finger press a sharp crease into the binding.

Open the binding up and make a plus sign on both creases on the wrong side. Repeat for the other end of the binding.

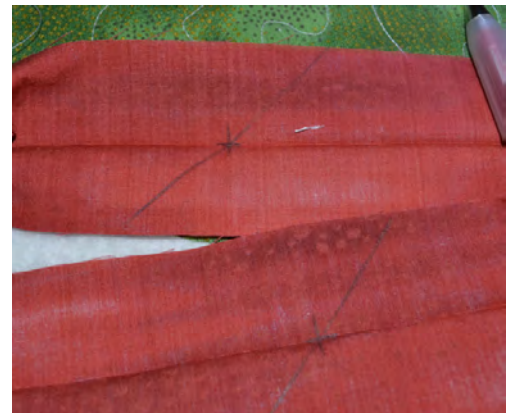


Place a ruler with the 45° line along the outside edge of the binding. Draw a line that goes through the center of the plus sign and angles to the right as shown.



Repeat with the other end of the binding, making sure that the second line drawn is parallel to the first line drawn.

Cut both ends 1/4" **outside** the drawn line.



Place the two binding ends right sides together, matching the drawn lines. Pin in place. Stitch on the drawn line.



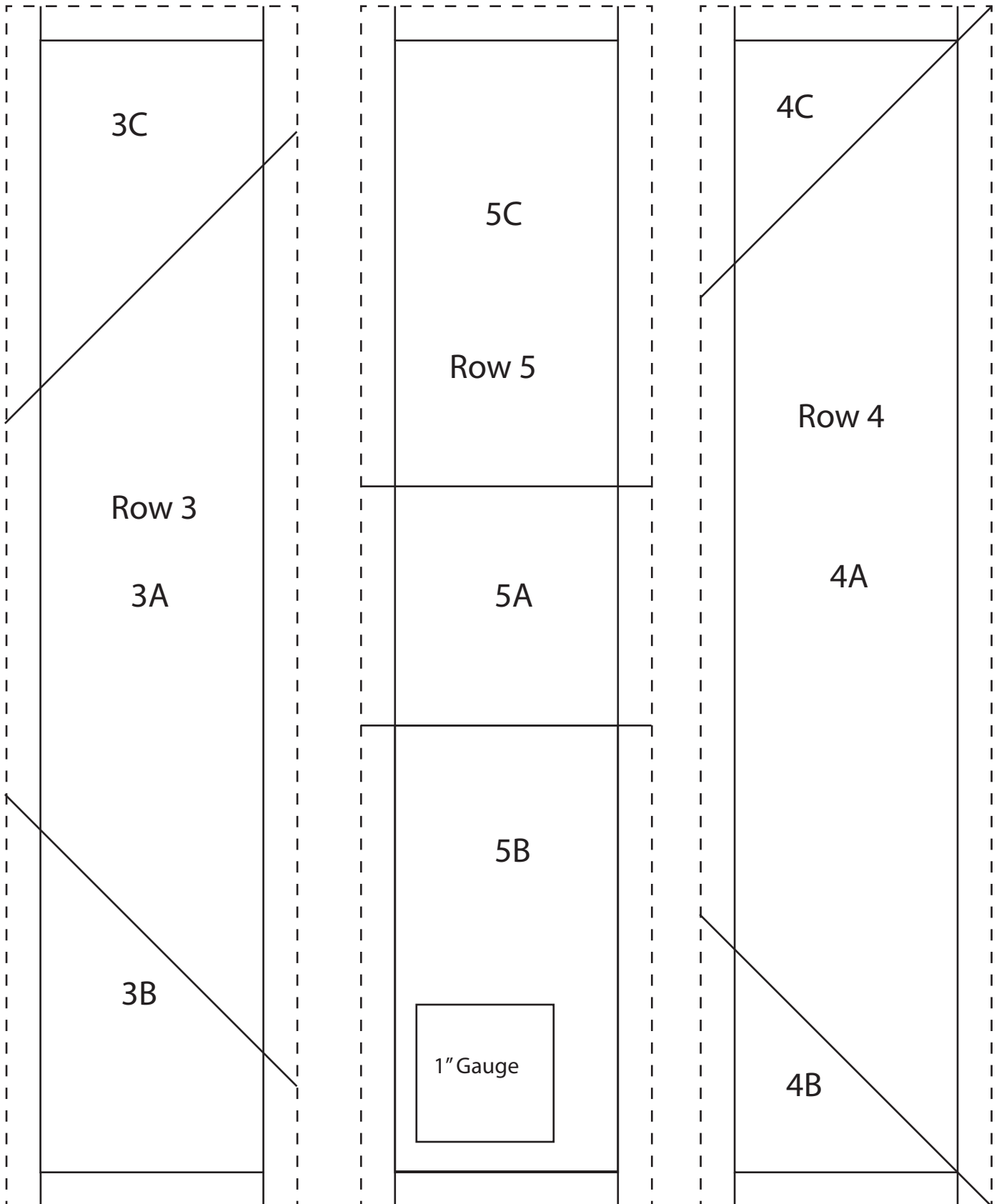
Refold the binding wrong sides together. Place raw edges against the raw edge of the runner and finish sewing the binding down.

Trim the excess batting and backing along the raw edge of the binding and runner. Turn binding to the back of the table runner. Hand sew the edge down.



Use this set of foundations for placement of pieces. Use the unlettered foundation templates for stitching. Follow instructions on page 3 for printing the foundations.

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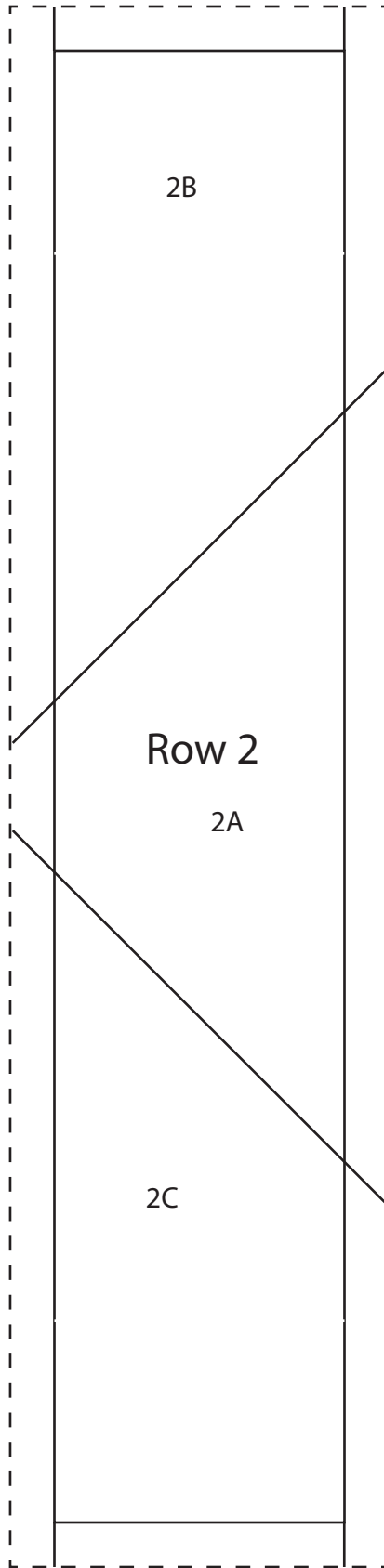
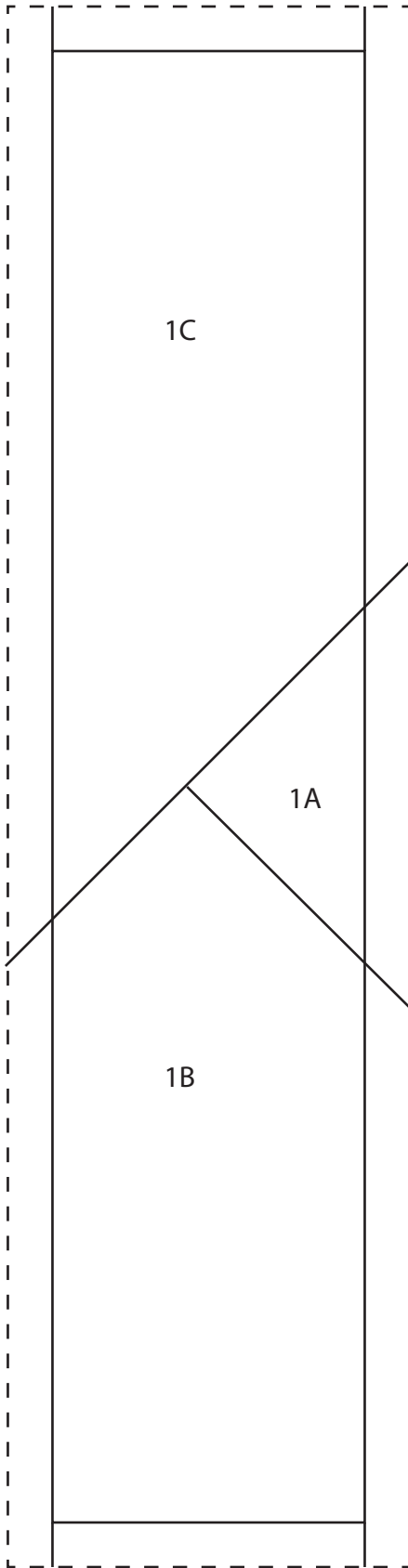


Graphic Artist Alexandra Henry

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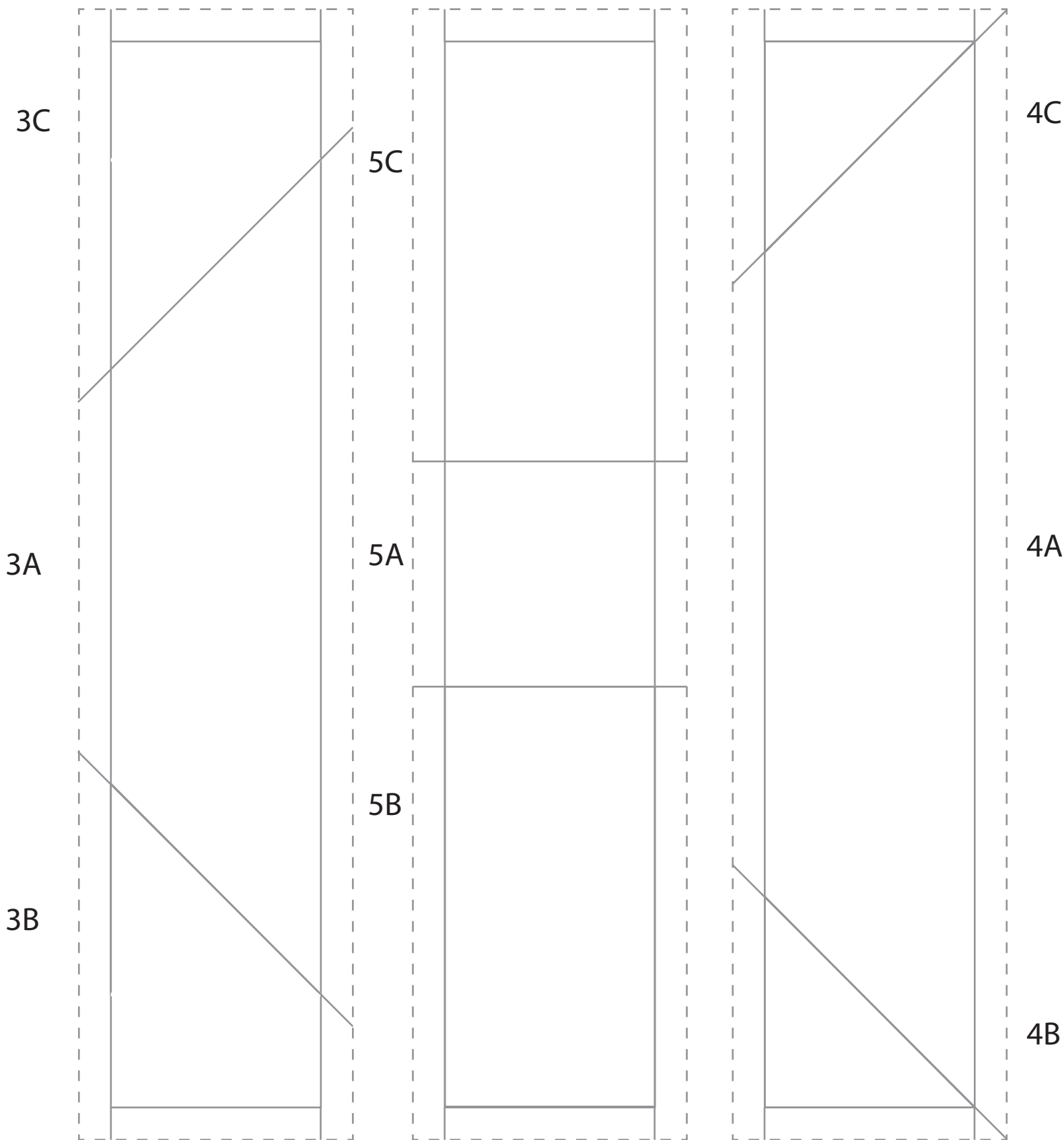
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Use this set of foundations for sewing the blocks. Look at the foundation templates with the lettering for placement. Print foundation templates following instructions on page 3.



Row 3

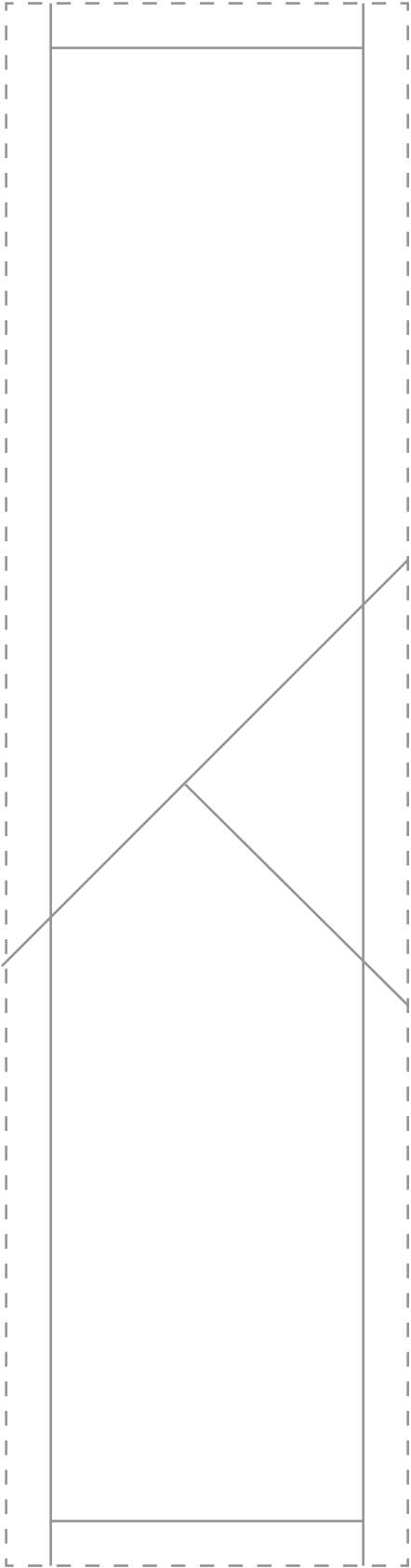
1" Gauge

Row 5

Row 4

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Use this set of foundations for sewing the blocks. Look at the foundation templates with the lettering for placement. Print foundation templates following instructions on page 3.

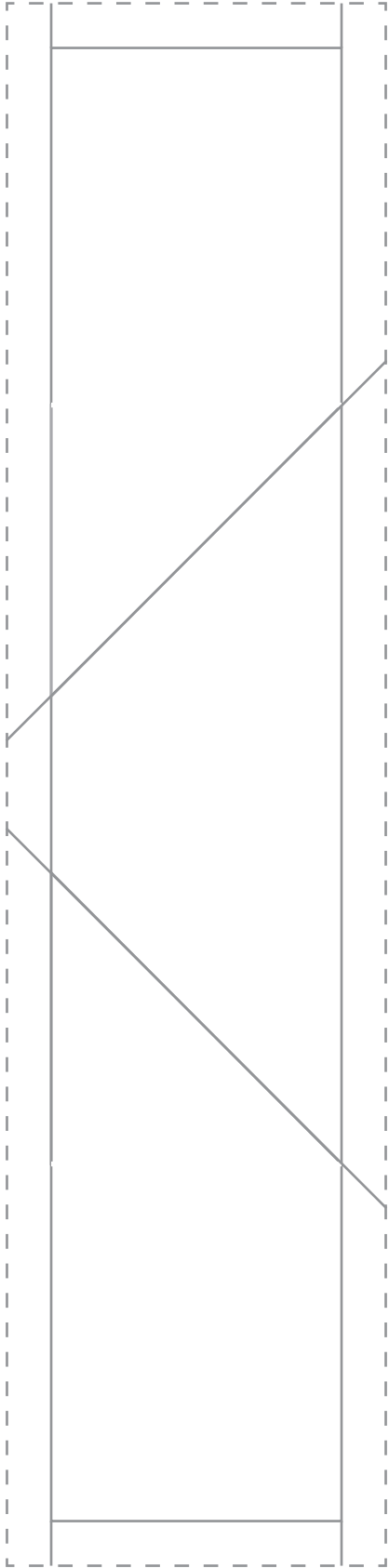


1C

1A

1B

Row 1



2B

2A

2C

Row 2

Center Fold

# Curve Template

Print at 100%. Check gauge.



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