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*The Magic
in the Middle*

Ebb and Flow Twin-sized Quilt Skill Level: Beginner

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Made By
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Quilted By
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This colorful quilt is a great project for a beginner. 40 different prints repeat and create a harmonious balance. One bundle of 40 fat eighths makes a twin size quilt with no fabric scraps left over. Finished size is 62" x 90".

Fabrics Needed

Fabrics	40 different fat eighths
Binding fabric	½ yard
Backing fabric	5½ yards

Materials Needed

Legacy [®] by Pellon [®] Natural Cotton Batting	1 Twin size
Thread	
Cotton quilting thread 50 wt	
Clips	

Tools Needed

Sewing machine and related supplies
Rotary cutter and related supplies

www.pellonprojects.com

Graphic Artist Alexandra Henry

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Assembly

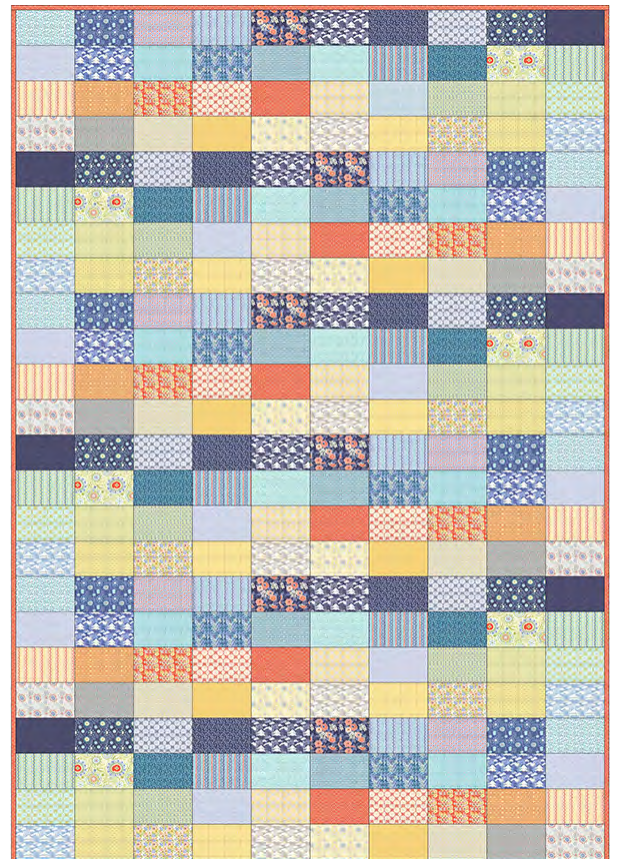
Use a $\frac{1}{4}$ " seam allowance throughout.

Step 1. Cutting instructions.

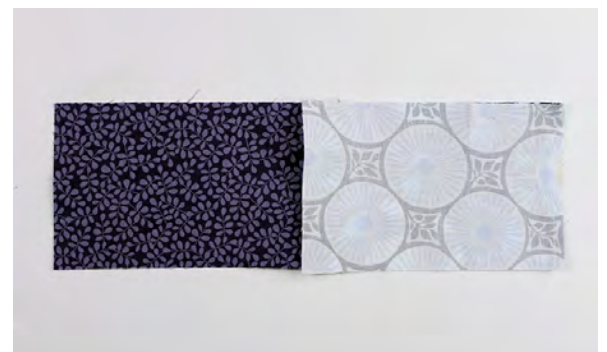
Cut six $4\frac{3}{4}$ " x $6\frac{1}{4}$ " rectangles from each fat eighth.
Cut 320" of $2\frac{1}{4}$ " strips (pieced together) for binding.
Cut one 68" x 96" for backing (piece if necessary).



Step 2. Place the six rectangles of each fabric in a separate pile and number the piles. Arrange the cut rectangles in rows as indicated on the layout on page 4.



Step 3. Sew the rectangles for each row together. Press seams in one direction, alternating direction each row.



Step 4. When the rows are assembled, begin sewing rows together in pairs. Press seam open.



Step 5. Sew the paired rows together. Press seams open.



Step 6. Make a quilt sandwich. Make sure top is square. Pin baste and quilt as desired.

Step 7. Trim batting and backing $\frac{1}{8}$ " away from quilt top on all sides. Trim sides of quilt top to even up, if necessary.

Step 8. Press binding in half lengthwise with wrong sides together. Align raw edges of binding to edge of quilt top (not edge of batting and backing). Sew binding to quilt. Miter the corners. Fold binding to back. Using clips, hand stitch binding. Miter corners.



Layout for Ebb and Flow Quilt - Numbers correspond to cut rectangle number.

10	9	8	7	6	5	4	3	2	1
11	12	13	14	15	16	17	18	19	20
30	29	28	27	26	25	24	23	22	21
31	32	33	34	35	36	37	38	39	40
1	2	3	4	5	6	7	8	9	10
20	19	18	17	16	15	14	13	12	11
21	22	23	24	25	26	27	28	29	30
40	39	38	37	36	35	34	33	32	31
10	9	8	7	6	5	4	3	2	1
11	12	13	14	15	16	17	18	19	20
30	29	28	27	26	25	24	23	22	21
31	32	33	34	35	36	37	38	39	40
1	2	3	4	5	6	7	8	9	10
20	19	18	17	16	15	14	13	12	11
21	22	23	24	25	26	27	28	29	30
40	39	38	37	36	35	34	33	32	31
10	9	8	7	6	5	4	3	2	1
11	12	13	14	15	16	17	18	19	20
30	29	28	27	26	25	24	23	22	21
31	32	33	34	35	36	37	38	39	40
1	2	3	4	5	6	7	8	9	10
20	19	18	17	16	15	14	13	12	11
21	22	23	24	25	26	27	28	29	30
40	39	38	37	36	35	34	33	32	31